# **Network Day**

## **Student Minds Network**

## 30th November 2024

#### Framework

10:30 to 17:30
lunch and apéro is offered by the SMN, the participation is free of charge for everyone **3012 Bern, Monbijoustrasse 30**

### Registration

Please sign up for the Network Day over following <u>link</u>. Please register until the **25th of November**.

#### Outline

10:30 Croissants & Check-In
11:00 Introduction & presentations of current challenges and wins
12:00 Sky Campus: The importance of mental hygiene
13:15 Lunch break and reflection walk
14:30 Discussion: How can we influence higher education institutions to change towards a sustainably healthy environment?
16:00 Open Space: exchange about projects, ideas, wins and losses
17:00 Summary, Check-Out & Apéro

#### Preparation

Think about the following question in advance: Which projects in our engagement did work really well and where are the challenges?

